



J-1 Student-Intern: The Basics

J-1: Exchange Visitor Visa

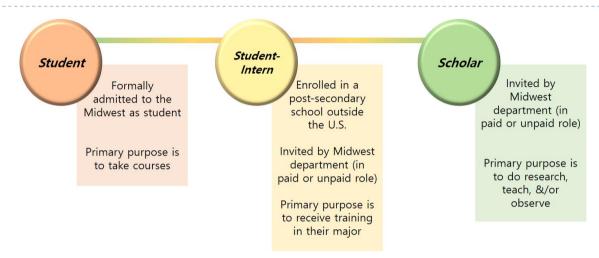
• objective is "to increase mutual understanding between the people of the United States and the people of other countries by means of educational and cultural exchanges."

J-1 has many categories

Student categories

...and several others, including Student-Intern!

So where do Student-Interns fit in?



Categories:



J-1 Categories

Research Scholar

- Primarily conducting research, observing and may also teach or lecture.
- Minimum stay in U.S. is 3 weeks, maximum is 5 years.
- Minimum degree: Bachelor's or int'l equivalent

Professor

- Primarily teaching, lecturing, observing and may conduct research.
- Minimum stay in U.S. is 3 weeks, maximum is 5 years.
- Minimum degree: Bachelor's or int'l equivalent.

Short-Term Scholar

- Person with similar education to professor/ research scholar coming for short-term visit primarily for lecturing, observing, training, etc.
- No minimum stay required. Maximum stay in U.S. is 6 months.
- Minimum degree: Bachelor's or int'l equivalent

Student-Intern

- Primarily receiving training in their major. May not fill a job posting, but may be paid or unpaid.
- Minimum stay in U.S. is 3 weeks, maximum is 1 year.
- Minimum education: currently enrolled abroad in int'l equivalent of Bachelor's

J-1 exchange visitor

For "the exchange of ideas, research, mutual enrichment and linkages between research and academic institutions in the United States and foreign countries."

Incidental part-time study directly related to primary research/teaching allowable

Employment permitted.

Process through MIO

B-1 or WB business visitor

For business purposes (independent research, conferences, meetings).

No study.

No employment.

Honorarium IF visit is 9 days or less and/or reimbursement for travel costs are permitted.

Visitor applies for visa independently of MIO. Some are eligible to visit through the Visa Waiver Program.*

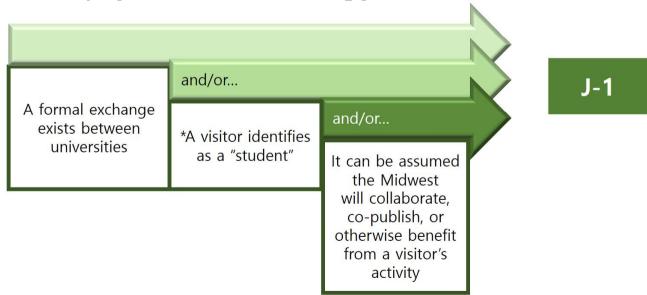
The grey area: J-1 & B-1/WB

Be conservative Refer visitor to consult U.S. Consulate

Consider the following to help avoid a B-1 visa denial or your visitor denied U.S. entry and sent back home. \otimes (It happens!)

Consult MIO

Won't be employed? A J-1 visa is strongly advised when...



In short...

J-1 Student-Intern

Currently enrolled abroad in Bachelor's or Higher

J-1 Scholar

Master's Level or Higher

B-1 or WB

- Not enrolled nor employed in the U.S.
- Conducting independent research without benefit to a U.S. institution

J-1 Student

- Formally admitted according to Midwest standards
 - Enrolled full-time, earning Midwest credit

Overview of the J-1 Student-Intern Category

Who is eligible?

Non-U.S. students who are currently enrolled in a degree-seeking program abroad

U.S. internship will fulfill the educational objectives for the student's current degree program

Student is in good academic standing with their current institution

Student will return abroad to resume studies upon completion of internship

Student has verifiable English language skills

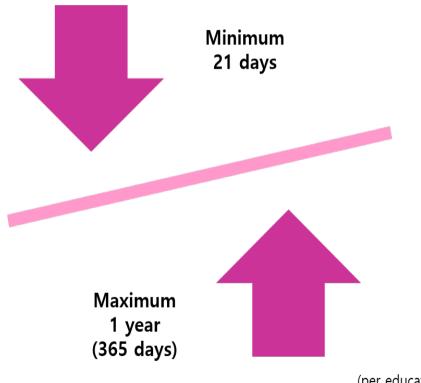
Overview of the J-1 Student-Intern Category

English Proficiency

- Midwest Student-Interns who will not enroll in a Midwest class for credit must meet the same English proficiency requirement as Midwest Scholars.
- If, however, the Student-Intern is required to enroll in a Midwest course for credit, as stated on the Internship Plan (DS-7002), the Student-Intern will be required to meet the University's Office of Admission English proficiency standard.

Overview of the J-1 Student-Intern Category

How long can a Student-Intern remain in the U.S.?



(per educational level)

Design internship program to assist the Student-Intern in achieving specific training objectives

Expose Student-Intern to American techniques, methodologies, and technology

Expand upon
Student-Intern's existing
knowledge and skills

Knowledge and skills being learned in their current degree program

Not duplicate Student-Intern's prior experience

Not use a staffing agency for any purpose regarding Student-Interns

"to recruit, screen, orient, place, evaluate, or train...or any other way involve such agencies"

Ensure that the internship program is full-time

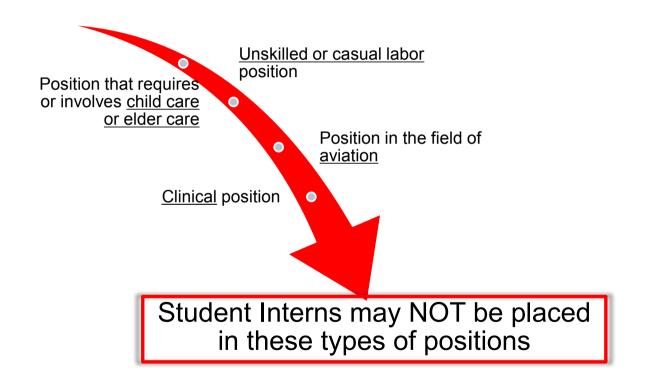
Minimum 32 hours per week

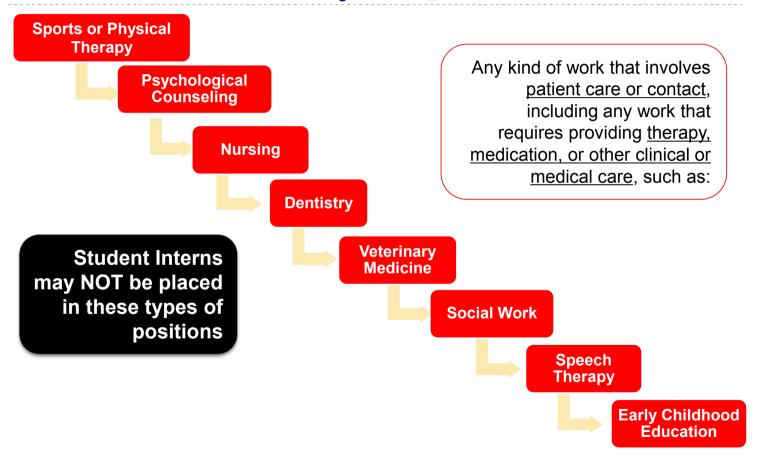
Ensure that the internship duties are not more than 20% clerical work

Provide ongoing supervision by a Midwest Facult Mentor and others, as applicable

Complete a Final Evaluation of Student-Intern and send document to MIO

If 6 months or longer, also complete a Mid-point Evaluation and send to MIO





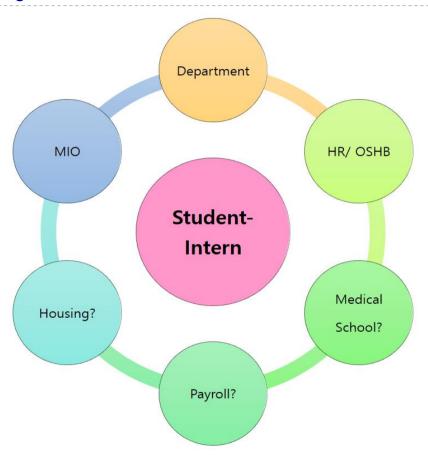
What is SEVIS?

Student & Exchange Visitor Information System (SEVIS) is an electronic reporting system that provides the U.S. Department of Homeland Security (DHS) with information on international students and scholars in the United States who hold F, J, and M visas. Every school, college and university that admits students or scholars on F, J or M visas is mandated to use SEVIS.

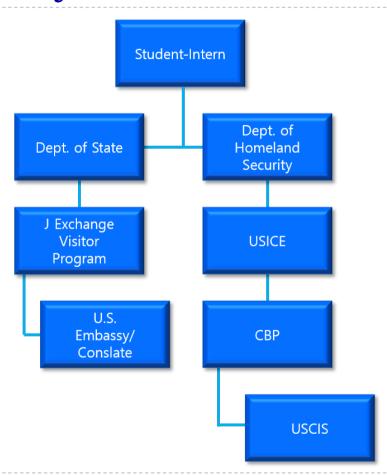
SEVIS

- Processing the DS-2019, reporting program changes (i.e. dates, funding, etc.), and other visa related issues are performed within SEVIS.
- ▶ Enter, issue, and revise the DS-7002, Training/Internship Placement Plan.

Main players at the Midwest University



External Players



What is a DS-7002?

	TD 4 II			ment of State		D. 411	EXPIRATIO	ROVAL NO. 1405-0 N DATE: 03-31-201 D BURDEN: 1,5 ho
4.20				IP PLACE				
rainee/Intern Name (Surname/Prim				HANGE VISITO	RINFORM	E-mail Address		
Tana Jana Jana	,	anne (ey (in		, , , ,				
rogram Sponsor				Program Cate	gory			
					S	Student Intern		
Occupational Category	Current Fie	ld of Stud	ly/Profession	•	Experier	nce in Field (numbe	r of years)	
Student						1	I/A	
ype of Degree or Certificate	Date Awar	ded (mm-	dd-yyyy) or Exp	ected	Training	Internship Dates (r	nm-dd-yyyy)	
					From		To	
			SECTION 2: C	OMPENSATION				
Organization Name				Address				Suite
ity		State	ZIP Code	Website URL				
- I I I I I I I I I I I I I I I I I I I		F						
imployer ID Number (EIN)		Exchang Hours P		Compensation Non-Monetary		Stipend Yes	No If Yes	, how much?
41-6007513				Compensation				per
forkers' Compensation Policy						Does your Worker exchange Visitors		
Yes No If so, Name of Ca	rrier Sec	lgwick C	laims Manag	ement Services	, Inc.	No, but equiv	resi	No, exempt
umber of FT Employees Onsite at	Annual F	Revenue						
17,394	\$0 to	\$3 Million	n \$3 Millio	on to \$10 Million	\$10	Million to \$25 Milli	on 🗶 \$251	Million or More
			SECTION 3: CI	ERTIFICATIONS	3			
rainee/Intern - I certify that:								
. I have reviewed, understand, and								
I am entering into this Exchange \ engage in labor or work within the	United State	18,						
I understand that the intent of the in a way that will be useful to me v	Exchange Vi when I return	sitor Prog home upo	ram is to allow i on completion o	me to enhance n f my program.	ny skills ar	nd gain exposure to	U.S. culture a	ind business
I understand that my internship/tra on the Exchange Visitor Program	sining will tak	e place or	nly at the organi	zation listed on t	his T/IPP	and that working at	another organ	nization while
I will contact the Sponsor at the ea			unity regarding	any concerns, ch	nanges in,	or deviations from	this T/IPP.	
will respond in a timely way to all	inquiries an	d monitori	ng activities of	my sponsor.				
I will follow all of my sponsor's gui	delines requi	red for my	participation in	my program.				
will contact the U.S. Department my sponsor or supervisor (as set T/IPP; and	of State's Bu forth on page	reau of E	ducational and n 4), is not prov	Cultural Affairs (iding me with a l	ECA) at the	e earliest possible internship or training	opportunity if I g, as delineate	believe that d on my
I declare and affirm under penalty information and belief. The law pr document in the submission of thi	ovides sever	at the stat re penaltie	ements and info is for knowingly	ormation made h and willfully fals	erein are t ifying or o	true and correct to t oncealing a materia	he best of my I fact, or using	knowledge, any false
Printed Name of Traince/Intern						Date (mm	-dd-yyyy)	
Signature of Trainee/Intern								
S-7002 3-2015								Page 1 of

- Training/Internship Placement Plan
- 4-page, U.S. Department of State form
- Detailed plan for the internship
- Requires more detail than almost any other visa status
 - Like designing a course or crafting a syllabus, but with U.S. government review!
- MIO has developed a "DS-7002 Info" form with helpful explanations

	TRAIN	ling/li		ment of State	MENT	PLAN	*OMB APPROVAL NO, 1405.01 EXPIRATION DATE: 03-31-2018 ESTIMATED BURDEN: 1,5 hour
-1 © *				HANGE VISITO			
Trainee/Intern Name (Surname/Prima						E-mail Address	
Program Sponsor				Program Cate			
						Student Intern	
Occupational Category	Current Fie	ild of Stud	ly/Profession		Experie	nce in Field (number	of years)
Student						N/	
Type of Degree or Certificate	Date Awar	ded (mm-	dd-yyyy) or Exp	ected	Training From	Internship Dates (mr.	n-dd-yyyy) To
			SECTION 2: C	OMPENSATION			
Organization Name			SECTION 2. C	Address			Suite
City		State	ZIP Code	Website URL			<u> </u>
Employer ID Number (EIN)		Exchang Hours P	je Visitor er Week	Compensation Non-Monetary		Stipend Yes N	lo If Yes, how much?
41-6007513 Workers' Compensation Policy				Compensation	Value -	Does your Workers'	Compensation policy cover
x Yes │ No If so, Name of Car	rier Sec	lgwick C	laims Manage	ement Services	, Inc.	exchange Visitors? No, but equivale	Yes No, exempt
Number of FT Employees Onsite at Location	Annual F	tevenue				•	
17,394	\$0 to	\$3 Million	n \$3 Millio	on to \$10 Million	\$1	0 Million to \$25 Million	x \$25 Million or More
			SECTION 3: CI	ERTIFICATIONS	3		
Trainee/Intern - I certify that: 1. I have reviewed, understand, and v I am entering into this Exchange Vi 2. engage in labor or work within the I	isitor Progra	m in orde				lelineated in this T/IPF	and not simply to
3. I understand that the intent of the E in a way that will be useful to me w	Exchange Vi	sitor Prog	ram is to allow i	me to enhance n f my program,	ny ski∥s a	nd gain exposure to U	I,S, culture and business
 I understand that my internship/trail on the Exchange Visitor Program in 	s prohibited.		, ,				
5. I will contact the Sponsor at the ea			, , ,	,	nanges in	, or deviations from th	is T/IPP.
 I will respond in a timely way to all I will follow all of my sponsor's guid 							
I will contact the U.S. Department of my sponsor or supervisor (as set for T/IPP; and	of State's Bu	reau of E	ducational and	Cultural Affairs (I	ECA) at the	ne earliest possible op internship or training,	portunity if I believe that as delineated on my
I declare and affirm under penalty information and belief. The law pro document in the submission of this	ovides sever						
Printed Name of Trainee/Intern						Date (mm-d	(d-yyyy)
Signature of Trainee/Intern							
DS-7002							Page 1 of

- Information is completed by Midwest Faculty Mentor/ host department
- Reviewed, approved, and entered into SEVIS by MIO
- Signed by MIO, Student-Intern, and Faculty Mentor
- Student-Intern must have copy of signed DS-7002 for J-1 visa interview

The DS-7002 and MIO's Information Form

	Midwest International Offi	ice	2 INFORMATION I	FORM	<u> </u>		
visa hos	Midwest University 1 Student-Intern is required at a U.S. embassy or consting Midwest University have	ulate. The DS-7002 outlines the pri	roposed internship. It demonstrates that h objectives that will be reached during the nternship.				
г		ENGLISH PROFICIE	ENCY REQUIREMENT:				
l	Internship Plan, the Stur standard as set by the O order to enroll;	dent -Intern will be required to pro effice of Admission . The Student-In- dent-Interns must provide evidence	as required by the Faculty Mentor and ovide evidence of meeting the Universintern may also be required to be admits of meeting the J-1 English proficiency str	ty 's English proficiency ed (e.g., non-degree) in			
ans	ase complete this MIO form wering the questions below.	which the primary supervisor will the	en sign. We have provided some example a J Advisor will review and respond. If the	es that should assist you in the information is approved,			
		SECTION 1: PART					
1.	Student-Intern Name:	Must match passport: Surname/Prin	, (E),		ment of State		OMB APPROVAL NO. 1. 670 EXPERATION DATE: 63-31-0019 ESTIMATED BURDEN. 1,6 hours
,	E-mail Address:		1/85	TRAINING/INTERNSH SECTION 1: ADDITIONAL EXC			
•	C-mail Address.	Provide the student-intern's email as	Tram I dam Name (Sumame/Prim	ary, Given Name(s) (must match pass		E-mail Address	
3.	Current Field of Study:	Student-Intern's current academic fi					
4.	Type of Degree or Certificate:	Student-Intern's current level of stud	Program Sponsor		Program Category	Student Intern	
		Bachelor's, Master's, PhD, MD, etc.	Occupational Category	Current Field of Study/Profession	Expe	rience in Field (number of y	ears)
5.	Date Expected:	Date on which the shufest is expert	Student			N/A	
		Date on which the student is expect	Type of Degree or Certificate	Date Awarded (mm-dd-yyyy) or Exp	ected Train	ing/Internship Dates (mm-d	±-yyyy)
6.	Internship Dates:	From MM/DD/YYYY			Fro	m	То
		Start and end dates of the UMN inter of the Student-Intern program beyon		SECTION 2: C	OMPENSATION		
		SECTION 2:	Organization Name		Address		Suite
7.	Organization Name	Name of UMN Department	City	State ZIP Code	Website URL		
8.	Street Address or Internship Site:	Complete address and building name	Employer ID Number (EIN)	Exchange Visitor Hours Por Wook	Compensation Non-Monetary	Stipend Yes No	If Yes, how much?
9.	Website:	Website for the department hosting	41-6007513 Workers' Compensation Policy		Compensation Value	Does your Workers' Co	
10.	Internship	weaste ior the department nosting	x Yes No ∦so, Name of Co	arrier Sedgwick Claims Manage	ement Services, Inc.	exchange Visitors?	Yes No, exempt
	Hours per Week:	Minimum of 32 hours per week	Number of FT Employees Onsite at Location	Annual Revenue		No, but equivalent	coverage
_	Mi	idwest International Office 85	17,394	1.		\$10 Million to \$25 Million	x \$25 Million or More X \$25 Million or More
		(636) 327-4645 jvisa@mi	Trainee/Intern - I cortify that:	SECTION 3: CI	ERTIFICATIONS		
			1, I have reviewed, understand, and	will follow this Training/Internship P(ar Visitor Program in order to participate a United States.		s delineated in this T/IPP ar	id not simply to
			 I understand that the intent of the in a way that will be useful to me 	Exchange Visitor Program is to allow a when I return home upon completion of			
				sining will take place only at the organi is prohibited.			
				artiest available opportunity regarding I inquiries and monitoring activities of		in, or deviations from this T	APP.
				I inquiries and monitoring activities or i			
			8. I will contact the U.S. Department	of State's Bureau of Educational and forth on page 3, section 4), is not prov	Cultural Affairs (ECA) s	It the earliest possible oppor te internship or training, as	tunity if I believe that delineated on my
			9. I declare and affirm under penalty	of perjury that the statements and info	ormation made herein a	re true and correct to the be	est of my knowledge.
			Printed Name of Traineofintern			Date (mm-dd-y	ny)
			Sinceture of Tesional determ				

- Who fills out what?
 - Midwest Faculty Mentor and the host department fill out the MIO form
 - MIO reviews the information to be sure it is both <u>complete</u> and that an educated <u>layperson can</u> understand and follow
 - Once all information is complete,
 MIO enters it on the DS-7002
 - MIO signs and sends this form to the host department for signatures
- Let's take a tour of each section

MITO



DS-7002 INFORMATION FORM

A.1.1 Student-Intern is required to present a Training Internal Plan, known as the Form DS-7002, when applying for a.1-1 vive at a U.S. of the Student Internal Plan Student In

ENGLISH PROFICIENCY REQUIREMENT

- 1.1 fa Student-Intern will erroll in a Midwest course for credit as required by the Faculty Mentor and stated on the DS-7002 internship Flath, the Student-Interns will be required to provide evidence of meeting the University's English proficiency standard as set by the Office of Admission. The Student-Intern may also be required to be admitted (e.g., non-degree) in order to enroll.
- All other Prospective Student-Interns must provide evidence of meeting the J-1 English proficiency standard as outlined on th J-1 English Proficiency Form.

Please complete this MIO form which the primary supervisor will then sign. We have provided some examples that should assist you in answering the questions below. After you submit this form to MIO, a J Advisor will review and respond. If the information is approved the J Advisor will enter the information into SEVIS and print the DS-7002.

SECTION 1: PARTICIPANT INFORMATION

1.	Student-Intern Name:	Must match passport: Sumame(Primary Given name(s)
2.	E-mail Address:	Provide the student-intern's email address
3.	Current Field of Study:	Student-Intem's current academic field of study (i.e. major) at their home institution
4.	Type of Degree or Certificate:	Student-Intem's current level of study at their home university for example:
		Bachelor's Master's PhD MD etc. The student must be currently enrolled in this program
5.	Date Expected:	Date on which the student is expected to complete his or her current program of study.
6.	Internship Dates:	From MM/DD/YYY To MM/DD/YYY
		Start and end dates of the UMN internship, up to 12 months. Note that the J regulations do not permit and extensions of the Student-Intern program beyond 12 months.
		SECTION 2: COMPENSATION
7.	Organization Name	Name of UMN Department
8.	Street Address or Internship Site:	Complete address and building name where the internship will take place
9.	Website:	Website for the department hosting the Student-Interm

Midwest International Office | 851 Parr Rd. Wentzville, MO 63385 U.S.A (636) 327-4645 | jvisa@midwest.edu | www.midwest.edu

- Background information regarding the Student-Intern and your Midwest department
- Clarifications and reminders are under the text boxes
- Internship dates must be precise
 - All training must include these dates
 - Student-Intern cannot be awarded his/her degree before the end date of the Internship

Minimum of 32 hours per week

 Internship Hours per Week



- Will Midwest provide any compensation to the Student-Intern?
 - Payment is not required, but the Student-Intern will need some source of funds (e.g. family, award from school, etc.)
 - Minimum monthly amount is \$1,300

s	SECTION 4: TRAINING/INTERNSHIP PLACEMENT PLAN
12. Student-Intern Name:	Must match passport: Surname/Primary Given name(s)
13. Main Program	
Supervisor Name:	Name of Supervisor or PI
	Name of Supervisor or FI
14. Title:	
	Supervisor's title
15. Supervisor Contact Information:	
	Phone Fax
	Email
	PHASE INFORMATION
	hs or longer, a minimum of two phases is required. Further, if training occurs at two or more locations red a phase and requires a separate description. You will need to complete a separate Section 4 for
16. Phase Site Name:	
10. I hase site Name.	List specific lab or academic department
17. Internship Field:	Specific field of internship such as engineering, physics, etc.
18. Phase Site Address:	Street address of primary site of activity
	,,
19. Phase Name:	
	as <u>one phase,</u> you can list Student-Internship.
 An intership can have a named accordingly. 	multiple phases, such as observation phase, lab work phase, etc. If this is the case, the phase should be
20. Start Date of Phase	
and End Date of Phase:	From MM/DD/YYYY To MM/DD/YYYY
	From MM/DD/YYYY
21. Phase	of You can list 1 of 1 if there is only one internship phase.
22. Primary Phase	
Supervisor:	Name of Supervisor: Who will be the main supervisor for the Student-Intern (during this phase)? If there will be
	co-supervisors, enter the information for the supervisor who will have the most contact with the Student-Intern.
 Description of the Studer Brief, 1-2 sentence descript or her home institution. 	nt-Intern's Role: tion stating specifically how the internship will complement the Student-Intern's academic program at his
 Example 1: The Stude in multiple mammalian 	ent-Intern will be in charge of supporting technical work related to the regulation of adult stem cell activity tissues.
	ent-Intern will be responsible for the development of a scientific manuscript in the field of reproductive that could be submitted for publication to a peer-reviewed medical journal.
	nt-Intern will take part in the daily work at <name department="" lab="" of="">. He will perform supervised and non- orting up to 8-colors of cell staining and analysis. He will perform short-term supervised research projects.</name>

Midwest International Office | 851 Parr Rd. Wentzville, MO 63385 U.S.A (636) 327-4645 | jvisa@midwest.edu | www.midwest.edu Name, title, contact information for Main Supervisor, or Faculty Mentor

st match passport: Sumame/Primary me of Supervisor or PI pervisor's title pre Fax PHASE INFORMATION Ionger, a minimum of two phases is required. Further, if training occurs at two or more locuphase and requires a separate description. You will need to complete a separate Section specific lab or academic department colfic field of internship such as engineering, physics, etc.
one Fax PHASE INFORMATION longer, a minimum of two phases is required. Further, if training occurs at two or more loophase and requires a separate description. You will need to complete a separate Section specific tab or academic department.
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eet address of primary site of activity
e phase, you can list Student-Internship.
ble phases, such as observation phase, lab work phase, etc. If this is the case, the phase sho
me princes such as observation princes, no work princes, etc. If this is the otise, are prince show
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m MM/DD/YYYY To MM/DD/YYYY
of You can list 1 of 1 if there is only one internship phase.
me of Supervisor: Who will be the main supervisor for the Student-Intern (during this phase)? If there will supervisors, enter the information for the supervisor who will have the most contact with the Student-Inter
supervisors, enter the mormation for the supervisor who will have the most contact with the Student-Inter em's Role:
tating specifically how the internship will complement the Student-Intern's academic program
tem will be in charge of supporting technical work related to the regulation of adult stem cell a es.
m

Phase Information

- How long is the internship?
 - 1 phase: 3 weeks to less than 6 months
 - > 2+ phases: 6 months to 1 year
- Will the Internship be conducted in a single location (and supervisor)?
 - One phase
- Or will it be conducted in two or more locations (or supervisors*)?
 - Multiple phases
 - Each phase requires separate pages 3-6

*Particularly if each supervisor provides training of <u>different</u> knowledge, skills, or techniques.

•	SECTION 4: TRAINING/INTERNS	HIP PLACEMENT PLAN
40.00.1.414. 11		
12. Student-Intern Name:	Must match passport: Surname/Primary	Given name(s)
13. Main Program		
Supervisor Name:	Name of Supervisor or PI	
14. Title:	Supervisor's title	
15. Supervisor Contact		
Information:	Phone	Fax
	11012	1 500
	Email	
	PHASE INFORM	ATION
		uired. Further, if training occurs at two or more locations on. You will need to complete a separate Section 4 for
16. Phase Site Name:		
	List specific lab or academic department	
17. Internship Field:		
	Specific field of internship such as engineering, p	hysics, etc.
18. Phase Site Address:		
	Street address of primary site of activity	
	Street address of primary site of activity	
19. Phase Name:	Sueet address of primary site of activity	
	nas <u>one phase</u> , you can list Student-Internship.	
- If the internship only h	nas <u>one phase,</u> you can list Student-Internship.	ab work phase, etc. If this is the case, the phase should be
If the internship only h An intership can have named accordingly. 20. Start Date of Phase	nas <u>one phase,</u> you can list Student-Internship.	ab work phase, etc. If this is the case, the phase should be
 If the internship only h An intership can have named accordingly. 	nas <u>one phase,</u> you can list Student-Internship.	-
If the internship only h An intership can have named accordingly. 20. Start Date of Phase	has one phase, you can list Student-Internship, multiple phases, such as observation phase, it	ab work phase, etc. If this is the case, the phase should be
If the intemship only h An intership can have named accordingly. 20. Start Date of Phase and End Date of Phase:	has one phase, you can list Student-Internship, multiple phases, such as observation phase, it	To MMDD00000
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Phase Information

- Specific to this phase, if there are 2 or more phases
- Start Date and End Date of the phase
- Phase dates must cover entire Internship (dates on Page 1)
- Student-Intern's role
 - How does this internship (or phase) complement the Student-Intern's academic program at home?

- 24. Specific Goals and Objectives for This Phase:
 - This section must illustrate what will be learned by the Student-Intern. What must happen in order for this phase to be completed? What must happen before the Student-Intern can move on to the next phase, if applicable? A publication or a thesis can be an objective.
 - Example 1: The objective of this internship is to provide the Student-Intern with research experience that will be used to complete the requirements for his Master's degree in Molecular Bioscience at X University. We will train him in multiple techniques relevant to cell biology, molecular genetics and biochemistry. By the end of his training, he should be familiar with interpreting data from multiple experiments and developing hypotheses for further testing
 - Example 2: Specific tasks will include statistical data analysis, literature reviews, manuscript drafting and revision. Emphasis will be placed on data analysis. The Student-Intern will learn how to write a scientific report for publication in a peer reviewed medical journal and will acquire: User-level knowledge of epidemiologic study design; Basic user-level knowledge of statistical techniques for the analysis of medical data; User-level knowledge of implementation of epidemiologic and statistical concepts of reproductive medicine and nutrition problems
 - Example 3: To be able to run and troubleshoot special order instruments; Learn how to design and to perform up to 8 colors multi-color cytometry staining and analysis: Run cell sorting under different pressure conditions and interchangeable nozzles: Become familiar with: 98 well plate sorting: Slide Cell sorting: Micro- and nanoparticiples sorting.
- 25. Names and Title of Those Who Will Provide Daily Supervision. What are these persons' qualifications to teach the planned learning?Each person who will have supervisory responsibilities must be listed here.
 - Name, Title, Qualifications (e.g. Ph.D. in Epidemiology. Co-author of 10 peer-reviewed publications in medical journals)
 - Professor X has been a Faculty Member for 5 years, and he currently supervises a research team consisting of 10 postdoctoral fellows and 3 Research Associates
- 26. What Plans Are in Place for the Student-Intern to Participate in Cultural Activities While in the United States? American cultural activities are a requirement of the J-1 Student-Intern regulations. The expectation is that, as the host department you will provide the Student-Intern with planned, intentional American cultural experiences. It is not sufficient for the Student-Intern
 - to simply have incidental contact with American students or researchers at an American university. Examples: The Student-Intern will be invited to attend conferences/lectures in the X department; participate in department happy hours or socials (only if the student is over the age of 21); attend dinner at supervisor's home; attend concerts or film festival
- attend specific MIO-sponsored events; attend sporting events; museum visits; holiday parties; BBQ/picnic; or visiting local cultural festivals

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Internship goals and objectives

- What will the Student-Intern learn?
- What are the overall objectives of the internship (or phase)?
- Who will supervise and how often? What are their qualifications?
 - Names, Titles, Qualifications for up to 4 people who will have daily supervision of studentintern

Cultural activities

- Requirement of J regulations
- Planned, intentional American cultural experiences
- Incidental contact does not count

- 27. What Specific Knowledge, Skills, or Techniques Will Be Learned? The response should expand on the Goals and Objectives. It should provide substantial details regarding what the Student-Intern is going to learn by the end of the internship.
 - Example: The Student-Intern will become familiar with FACS analysis, mammalian cell culture techniques, Cas9-mediated mutations, transgenic animal generation and western blots.
- 28. How, specifically, Will These Knowledge, Skills or Techniques Be Taught? Include Specific Tasks and Activities. See the English Proficiency Statement on Page 1 of these Instructions.
 - Example 1: The Student-Intern will enroll in enroll in a four-credit course. Organic Chemistry Lab. in order to learn lab techniques for organic chemistry. He will be closely monitored by a postdoctoral fellow in Professor X's laboratory. He will begin by learning and observing techniques; practicing one or two at a time and becoming proficient before adding more, and ultimately will be expected to become independent and proficient such that he can complete these lab techniques himself. There will be weekly lab team meetings with opportunities for questions and discussion
 - Example 2: The Student-Intern will join a week-long training provided by X lab to become an auditor in introductory-level epidemiology and biostatistics courses offered to graduate students. The Student-Intern will also participate in a bi-weekly seminar at the Nutrition and Epidemiology departments. The Student-Intern will participate in the weekly and monthly meetings of Dr. X's lab research groups, at which research projects for students and post-docs are discussed.
 - Example 3: The Student-Intern will attend non-credit, departmental lectures on instrumentation and cytometry. He will assist with the calibration of equipment and fluorescent protein-based cell sorting. He will assist with multi-color cell analysis; DNA and cell analysis; and imaging cytometry analysis. He is expected to become familiar with FACS data standards, and batching analysis. We fully expect him to develop expertise through specific short-term research projects.
- 29. How Will the Trainee or Intern's Acquisition of New Skills and Competencies Be Measured? This section must describe how the faculty supervisor is evaluating the performance of the Student-Intern in light of the goals and objectives described in the training plan. The faculty supervisor is required to complete a written evaluation of the Student-Intern if the internship lasts 6 months or less, and two written evaluations if the internship is longer than 6 months. Evaluations must be in writing and provided at the conclusion of a phase and/or the Internship. ISSS has sample Evaluation forms (Mid-point and Final) that
 - Example 1: The Student-Intern's performance will be evaluated weekly by Professor X, and daily by graduate students and postdoctoral fellows working with the Student-Intern. The Student-Intern's acquisition of new skills will be measured by the research results and conclusions he draws; this will be documented as part of a final, written report that will be submitted to his dissertation advisor at Y University. He will also receive a grade in the Organic Chemistry course he will enroll in.
 - Example 2: Performance will be evaluated by the achievement of specific tasks necessary to produce a high-quality scientific manuscript. This includes evaluation of progress with analyses; generation of tables and figures; and generation of manuscript drafts. Depending on performance, the Student-Intern may also be encouraged to produce abstracts for scientific meetings based on his work. His work will be measured on a daily basis using a scale from 1 to 5. This daily evaluation will be sent to his home university and provided to him directly upon completion of the internship.

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What knowledge, skills, or techniques will be learned?

- Expand upon the goals and objectives with substantial details of what the Student-Intern should learn
- What specific tasks and activities will be taught toward acquisition of the knowledge, skills, and techniques?
 - If you are starting to think this sounds like designing a syllabus, you are on the right track.

Evaluation methods

- All Student-Interns must have a **Final Evaluation**
- Internships 6 months or longer also require Mid-point Evaluation
- MIO has forms available, if desired



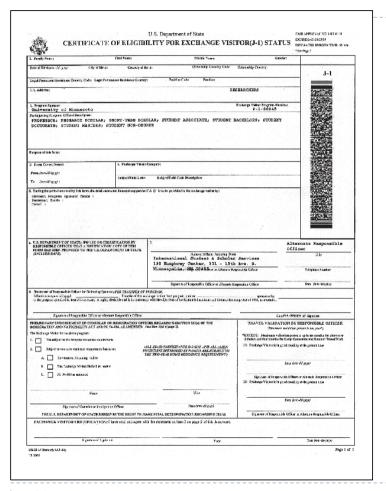
Additional, optional remarks

- Part of Step 1, Determination of Eligibility
 - Also, MIO English Proficiency and Eligibility forms

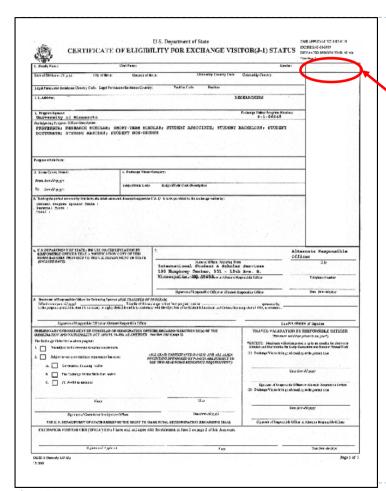
MIO

- Reviews and approves
- Enters DS-7002 information in U.S. Department of State form
- Also enters information in SEVIS
- Prints, signs, and sends DS-7002 to Midwest Department

What is a DS-2019? Is it still necessary?

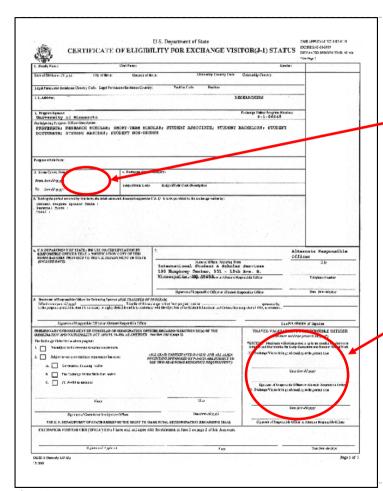


- The DS-2019 is the J-1 status document
- All J-1s (and J-2s) must have a DS-2019
- Required for J-1 visa application
- Required for J-1 benefits
 - E.g. Employment, travel, transfer, etc.



Certificate of Eligibility

- Every DS-2019 contains a SEVIS ID in the upper right-hand corner unique to each J Exchange Visitor. This ID is needed when paying the SEVIS fee.
- Dependents of J-1 Student-Interns (J-2s) must possess their own DS- 2019.



- This is where you find the program dates. Like Scholars, Student-Interns are allowed and expected to participate in the program activities within these dates. Not before and not after.
- This section is for travel/reentry signatures. Student-Interns and their dependents must have a valid re-entry signature from MIO if traveling outside the U.S. within the DS-2019 program dates.

Importance of an accurate DS-2019

apply for the J-1 visa at U.S. consulate abroad

Successfully enter (or re-enter) the U.S. in J-1 status

Student-Intern needs it to...

provide evidence of past J programs for future U.S.

opportunities

legally remain in the U.S. for internship in your department

J-1 Regulations/Policies

J-1 Program Regulations

- English Language Proficiency
- Engage in Defined Activities
- Authorized Employment only
- Health Insurance Requirements
- 2 Year Home Residency Requirement (2 Year Rule)
- 12 Month bar
- 24 Month bar
- Patient Contact

English Language Proficiency

Past regulations

- * "The exchange visitor possesses sufficient proficiency in the English language to participate in his or her program."
 - CFR 22 62.10 (a) (2)

▶ Effective Jan. 5, 2015

"sufficient proficiency in the English language, <u>as</u> determined by an objective measurement of English language proficiency, successfully to participate in his or her program <u>and to function on a day-to-day basis</u>."

Engage in Defined Activities

- Student-Interns are here to receive training that fulfills the educational objectives for his or her current degree program at home and can not enroll in courses unless they are required on the DS-7002.
- A change of category from student-intern to scholar (or to student) or vice versa requires the individual to leave the U.S. and re-enter on a new DS-2019 that reflects the correct category.

Health Insurance

J-1 visitors and their dependents are required by law to carry health insurance that meet specific U.S. Federal regulations.



- ▶ The Midwest University requires all J-1 Student-Interns and their dependents to purchase the Insurance company regardless of the duration of their stay in the U.S.
- ▶ This is stated on the Statement of Responsibilities, which is part of the MIO application and signed by the Student-Intern prior to MIO issuing the DS-7002 and DS-2019. The information also accompanies these documents issued by MIO.

Midwest Health Insurance Policy

- If the J-1 Student-Intern does not purchase the Midwest's insurance for themselves and their dependent(s), the Student-Intern will not be eligible for MIO benefits. Including:
 - Travel/Reentry Signature
 - DS-2019 Extension
 - Dependent DS-2019 Request
 - Financial Update

Midwest Health Insurance Policy

If a Student-Intern's program with you is extended, s/he must also extend their health insurance coverage by contacting Office of Student Health Benefits or Human Resources

Midwest Health Ins. Requirements

J federal insurance requirements or MIO benefits, contact:

MIO

Midwest insurance, exceptions/waivers, contact:

- Office of Student Health Benefits (for nonemployed Student-Interns) and/or
- Human Resources (for Student-Interns eligible for employee benefits)

Two Year Home Residency Requirement (a.k.a: "2 year rule" "212e")

- If subject: Exchange Visitors (and dependents) are expected to return to their "home" countries and be physically present there for a total of two years before being eligible to return to the United States in immigrant (permanent residence/green card) status, H status (temporary workers and dependents), or L status (intracompany transferees and dependents).
- ▶ The exchange visitor who currently holds J—1 or J-2 Status and is subject to the 2—year rule is also not eligible for change of status to another visa status without leaving the United States.

12 Month Bar

- Looking ahead: considering having a Student-Intern return as a Research Scholar or Professor?
- The visitor is not eligible for program participation as a J-1 Research Scholar or Professor if s/he has been physically present in the U.S. in J-1 or J-2 status for 6 months or more in the 12-month period immediately preceding the proposed DS-2019 start date, unless the participant is transferring to the Midwest University, or the participant's presence in the U.S. was as a J-1 Short -TermScholar.

24 Month Bar

- 24 Month Bar does not apply to Student-Interns
- Any exchange visitor who comes to the U.S. for any length of time in the Professor or Research Scholar categories will not be able to come back to the U.S. in the Professor or Research Scholar categories for a period of 24 months, once his/her J-1 program has ended.

How does a department invite a J-1 Student-Intern to join them?

Step 1: Determination of Eligibility

- Faculty Mentor reads Responsibilities
- Midwest Department emails to ivisa@midwest.edu
- * Prospective Student-Intern Eligibility form
- * English Proficiency form DS-7002 Information Form
- · Discussion with MIO
- * Upon approval, MIO:
- * Enters DS-7002 into SFVIS
- * Prints, signs, and sends DS-7002 to Dept

Step 2: Complete and Collect Documents

- Midwest Department:
- * Signs, scans, and emails DS-7002 to Student-Intern for review and signature
- * Completes Host Department Application
- * Writes invitation/offer letter
- Student-Intern submits to Midwest Dept:
- * Signed DS-7002
- * Financial support documentation, if necessary
- * Copy of ID page of valid passport
- * Signed Statement of Responsibilities
- * Completed and signed letter from academic dean or advisor at home university (Home Institution Enrollment Verification)
- * J-2 Dependent application and passport ID pages, if necessary

Step 3: Submit Application Packet to MIO

- Midwest University emails to ivisa@midwest.edu
- * All documents in Step 2, including Administrative Fee form

How does a department invite a J-1 Student-Intern to join them?

Step 4: Final Preparation of Visa Packet Step 5: Student-Intern Visa Application

Student-Intern pays

SEVIS fee and

Step 6: Travel to U.S.

Step 7: Check-In at MIO

Step 8: Health Insurance

Step 9: Apply for SSN (if applicable)

 MIO prepares visa packet, including the DS-7002 and DS- 2019. MIO notifies Department that packet is ready.

sends packet

to Student-

•The Student-Intern

Intern

- notifies Department that packet is ready. applies for J-1 visa at U.S. consulate or embassy

 Department
- •Student-Intern receives J-1 visa in passport
- Makes travel arrangements to enter the U.S.
- •Can enter U.S. up to 30 days prior to start date on DS-2019
- Must check-in with MIO within 25 days of the DS-2019 begin date
- Student-Intern brings all visa documents for review by MIO
- •MIO provides check -in information

- •For the entire duration of their DS-2019, the Student-Intern and all J-2 dependents must have either:
- SHBP (unpaid)
- •Employee plan (paid)

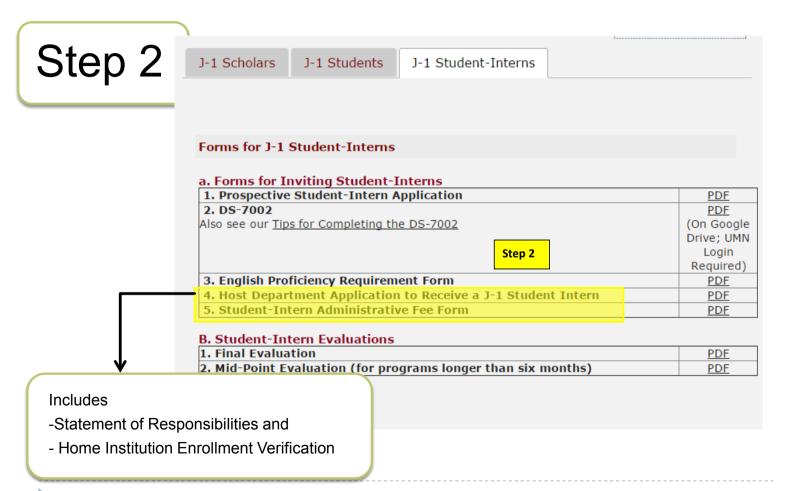
 Only if the Student-Intern will be paid by Midwest

- must have the **original DS-2019** to apply for their visa and to enter the U.S. They should not use a copy.
- •They must have a copy of the DS-7002, signed by all parties, as well.

J-1 Forms: Request a DS-2019 from MIO

Step 1 J-1 Scholars J-1 Students J-1 Student-Interns Step 1 Forms for J-1 Student-Interns a. Forms for Inviting Student-Interns 1. Prospective Student-Intern Application **PDF** 2. DS-7002 PDF Also see our Tips for Completing the DS-7002 (On Google Drive: UMN Login Required) 3. English Proficiency Requirement Form **PDF** 4. Host Department Application to Receive a J-1 Student Intern PDF 5. Student-Intern Administrative Fee Form PDF **B. Student-Intern Evaluations** 1. Final Evaluation PDF 2. Mid-Point Evaluation (for programs longer than six months) PDF

J-1 Forms: Request a DS-2019 from MIO



The Host Department Application

- Midwest record
- PeopleSoft ID / EMPLID required to be created by hosting department for all prospective J-1 and J-2 regardless of appointment.
 - Consider how your department will provide the Student-Intern access to U privileges (i.e. Ucard, library access, etc.)
 - MIO J-1 Forms page (currently under Scholars tab):

Names, Passports, Spellings - Oh My!



- Spellings should match bottom, machine-readable spelling of passport.
- ▶ Ex: Ø = OE

The Host Department Application - Dates

- ▶ The length of the DS-2019, and the DS-7002, are based on the length of the program **and** the funding available to the J-1 Student-Intern.
- Start date should be <u>no sooner than 2 months in the future</u> to allow for MIO and consular processing.
- The Student-Intern could inquire about visa processing timelines at the U.S. consulate where she or he will apply for an entry visa (these timelines vary by consulate).
 - Student-Interns MUST be able to arrive in U.S. no later than 25 days after the start date chosen! If delay, contact MIO to amend dates.

The Host Department Application

- Funds & Fee

- Proof of funding attached. (ex: offer letter, bank statement, scholarship or grant letter, etc.). Proof of funding must be dated within 30 days from the submission of the application and in English.
- Fee Form. MIO charges the Midwest hosting department a document processing fee, using the Midwest system. Currently, the fee is \$295.

The Host Department Application

- Signatures

- Both the faculty mentor and the department head must sign the application. By signing, the faculty mentor agrees to be responsible for ensuring that:
 - The Student-Intern's primary activity is to receive training
 - They meet regularly with the Student-Intern to review activities and progress
 - The Student-Intern follows the steps to maintain his/her legal status
- Statement of Responsibilities
 - Must be signed by Student-Intern (scan is okay)

Faculty Mentor Responsibilities

- Final evaluations are required of all internships. If 6 months or longer, mid-point evaluations are also required
 - MIO provides evaluation forms that Faculty Mentors can complete and sign
 - The student-intern must also sign the evaluation form
- Departments are to ensure that their incoming Student-Interns report their arrival within the time required (25 days from the start date shown on their DS-2019)
 - If you aren't sure, please ask us! Serious repercussions occur if a Student-Intern's arrival has not been reported

Faculty Mentor Responsibilities

- Extensions of stay cannot be granted if a Student-Intern has applied for and has been granted a waiver of the 2 Year Rule
- Student-Interns need to request extensions within 60 days before their current DS-2019 expires
 - This will also require a revision of the DS-7002!
- When Student-Interns end their J program early and depart the University (or when they change their immigration status), they need to inform MIO

Faculty Mentor Responsibilities

When a Student-Intern plans to travel abroad, please make sure they visit the "Travel Information" section on our website or contact a J advisor about their intentions.

Submission Option for All Campuses

- Submit all materials in one email to MIO
 - mio@midwest.edu
 - Step 1 Eligibility Documents
 - Subject: "Prospective Student-Intern Eligibility Documents"
 - Step 2 Application Documents
 - Subject: "Student-Intern application for [name of Student-Intern]"

Transfers of J Student-Interns

Eligibility:

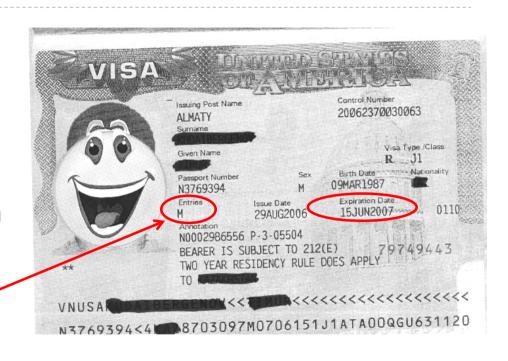
- The Student-Intern must be in the U.S. as a J-1 Student-Intern
- Their category must remain the same (i.e. Student-Intern).
- Their J-1 activities have to be a continuation of the original purpose (they must continue the training that they were doing at the previous institution.
- They cannot have been approved by the Department of State for a waiver from the 2-year home residency requirement.

Step 5: Student-Intern Visa Application

Step 6: Travel to U.S.

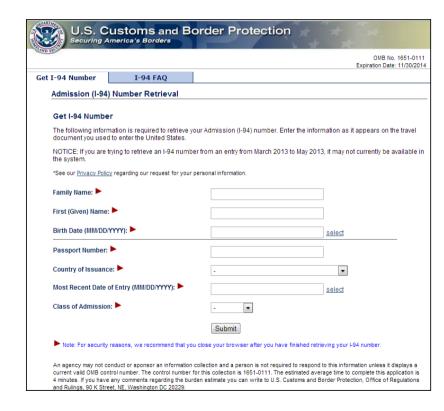
Visa Stamp

- Can expire while in the U.S. without affecting legal status
- Must be valid when entering the U.S. from overseas
- "Entries: M" = multiple entries allowed with this visa



I-94 Number (Arrival and Departure Record)

- Proof of lawful admission into U.S.
- D/S = Duration of Status, no specific end date
- Grace period after program completion (30 days)
 - www.cbp.gov/i94



Arrival Grace Period (55 days)

- Student-Intern Check-In: Student-Interns are to report arrival with MIO no later than 25 days after the start date
- When arrival into the U.S. will be delayed for more than 25 days beyond the start date, the department or Student-Intern <u>must</u> request an amended start date on the DS-2019.

30 days before Begin Date

25 days after Begin Date

Amendment to Start Date



DS-7002 *CMB APPROVAL NO. 1405-0170 EXPIRATION DATE: 03-31-2018 U.S. Department of State TRAINING/INTERNSHIP PLACEMENT PLAN SECTION 1: ADDITIONAL EXCHANGE VISITOR INFORMATION Trainee Intern Name (Surname/Primary, Given Name(s) (must match passport name) -mail Address Program Sponsor Program Category University of Minnesota Student Intern Occupational Category Current Field of Study/Profession Experience in Field (number of years) Student Type of Degree or Certificate Date Awarded (mm-dd-yyyy) or Expected Start

If the student-intern cannot arrive to check in with MIO within 25 days after the begin (or start) date on their DS-7002 and DS-2019 , please contact an MIO J adviser as soon as possible.

Start

Student-Intern Check-In

- Student-Intern Check-In (within 25 days of the start date).
- Student-Interns may not engage in activities until the start date on their DS-2019.
- If paid by the Midwest, the Student-Intern needs to:
 - Visit the Social Security office to apply for SSN (if applicable)
 - Report to Midwest payroll
- If not paid by the Midwest, Student-Intern is not eligible for a Social Security Number.
- Student-Interns who enter the U.S., but do not have their program validated by MIO within 30 days of the start date, will be considered illegally present in the U.S.

Departure Period

- Student-Interns should submit the Departure Form
- A **Shortened Program DS-7002 and DS-2019** must be issued if Student-Intern's program ends more than 15 days before the end date on their DS-2019. Final evaluation must still be completed.
- ▶ Student-Interns have a 30-day grace period after the end date on their DS-7002 and DS-2019 in which to depart or to travel within the U.S. They are not allowed to be involved in any J-1 activities during the grace period even without pay.
- If the Student-Intern will not be able to complete their program before the DS-7002 and DS-2019 end date, the hosting department needs to request an extension of the DS-7002 and DS-2019 before the current documents expire. The Faculty Mentor will also be required to revise and submit a new DS-7002 before the current documents expire.

15 days before End Date 30 days after End Date

Report Address Changes

- J-1 Student-Interns are required to report address changes within 10 days of moving.
- Student-Interns will notify SEVIS by going into MIO (if possible) and updating their personal information . MIO will receive a notification when this has been done and will send the new information to SEVIS.
- If the Student -Intern does not have access to MIO, they will have to request the hosting department to update the information on their behalf.

J-2 Dependents

- May apply for work authorization from USCIS
- Are subject to the 2 Year Rule if the J-1 is subject.
- Are subject to the 12 month bar if the J-1 is subject.
- Cannot remain in the U.S. after the J-1 completes their program or for long periods of time without the J-1 being present.
- May study full- or part-time.
- Must carry health insurance.

Additional Issues

- Contact your HR Administrator with questions related to:
 - % of Appointment
 - Title/Position (for immigration purposes, any position is fine EXCEPT Student or tenure-track classifications)
- Contact the Payroll Office with questions related to:
 - Tax Treaties
 - Tax Deductions
 - Tax issues related to payment of Honoraria vs. Reimbursements

Helpful Links

MIO info - mio@midwest.edu

Main MIO Contacts